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Name: \_\_\_\_\_  Male  Female Email: \_\_\_\_\_  
Last First MI  
Phone#: \_\_\_\_\_ Race/Ethnicity: \_\_\_\_\_  
Home Cell Work  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Social Security#: \_\_\_\_\_ Age: \_\_\_\_ Date of Birth: \_\_\_\_\_  Married  Single  Divorced  Widow  
Employer: \_\_\_\_\_ Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_  
Name of Spouse: \_\_\_\_\_ Spouse Employer: \_\_\_\_\_ Spouse phone#: \_\_\_\_\_  
Emergency Contact: \_\_\_\_\_ Phone #: \_\_\_\_\_ Relationship: \_\_\_\_\_  
Referred by? \_\_\_\_\_ Primary Care Physician: \_\_\_\_\_  
How did you hear about us?  Doctor/provider  Friend /family  Website  Social media  Search Engine  Ad  
 Other \_\_\_\_\_  
 I authorize the office staff to share my medical information with the following family/friends: \_\_\_\_\_  
 I do not authorize the office staff to share my medical information with anyone other than myself.

### HEALTH INSURANCE INFORMATION

Is this workman's comp? \_\_\_\_ Company: \_\_\_\_\_ Claim #: \_\_\_\_\_ Adjuster name & phone #: \_\_\_\_\_  
Primary Ins. Co.: \_\_\_\_\_ Secondary Ins. Co.: \_\_\_\_\_  
Subscriber's Name: \_\_\_\_\_ Subscriber's Name: \_\_\_\_\_  
Subscriber's SS#: \_\_\_\_\_ Subscriber's SS#: \_\_\_\_\_  
Subscriber's date of birth: \_\_\_\_\_ Subscriber's date of birth: \_\_\_\_\_

I declare that the information in this form is true and correct and that I have read and understand the information in this form. I hereby authorize Drs. Holdermann & Goforth to provide medical or emergency care to the above-named person or myself. I authorize my insurance company to pay benefits directly to Dr. James Holdermann, Dr. Heather Holdermann and Dr. W. David Goforth, and I also acknowledge that non-covered services are my responsibility.

I acknowledge that I have been informed of the Notice of Privacy Practices, and that a copy is available upon request.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

### If patient is a MINOR, please complete this section

Name of Mother: \_\_\_\_\_ Name of Father: \_\_\_\_\_  
Address (M): \_\_\_\_\_ Address (F): \_\_\_\_\_  
Social Security # (M): \_\_\_\_\_ Social Security # (F): \_\_\_\_\_  
Phone # (M): \_\_\_\_\_ Phone # (F): \_\_\_\_\_  
Employer (M): \_\_\_\_\_ Employer (F): \_\_\_\_\_  
If patient is a minor, I hereby authorize Dr. James Holdermann, Dr. Heather Holdermann and Dr. David Goforth to treat the above-named minor for any medical care.  
Signature of parent or guardian: \_\_\_\_\_ Date: \_\_\_\_\_



PATIENT NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Shoe Size: \_\_\_\_\_

CURRENT PROBLEM: \_\_\_\_\_

Where? \_\_\_\_\_ How Long? \_\_\_\_\_

Previous treatment (x-rays, medication, self-treatment etc.): \_\_\_\_\_

### MEDICAL HISTORY

**ALLERGIES:**  NONE  Penicillin  Sulfa  Codeine  Aspirin  Tape  Latex  Iodine  Shellfish  
 See attached list

Other Drug Allergies: \_\_\_\_\_

### CURRENT MEDICATIONS:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Your PHARMACY Name/Location: \_\_\_\_\_

### MEDICAL CONDITIONS

- |   |  |   |  |
|---|--|---|--|
| <input type="checkbox"/> Diabetes – Type _____                | <input type="checkbox"/> Kidney disease                        | <input type="checkbox"/> Cancer (type) _____    | <input type="checkbox"/> Lymphedema                                    |
| <input type="checkbox"/> High Blood Pressure                  | <input type="checkbox"/> Dialysis: Hemodialysis or Peritoneal? | <input type="checkbox"/> Liver Disease          | <input type="checkbox"/> GERD / Acid Reflux                            |
| <input type="checkbox"/> Heart Attack – When _____            | <input type="checkbox"/> Peripheral Arterial Disease / PAD     | <input type="checkbox"/> Hepatitis (type) _____ | <input type="checkbox"/> Stomach Ulcer                                 |
| <input type="checkbox"/> Heart Disease / CAD                  | <input type="checkbox"/> Peripheral Neuropathy                 | <input type="checkbox"/> Dementia / Alzheimer's | <input type="checkbox"/> Thyroid Disease                               |
| <input type="checkbox"/> Stroke (CVA) – When _____            | <input type="checkbox"/> Osteoarthritis                        | <input type="checkbox"/> Parkinson's            | <input type="checkbox"/> Autoimmune Disease: _____                     |
| <input type="checkbox"/> Atrial Fibrillation / Arrhythmia     | <input type="checkbox"/> Gout                                  | <input type="checkbox"/> Muscular Dystrophy     | <input type="checkbox"/> Bleeding Disorder: _____                      |
| <input type="checkbox"/> Blood Clot / DVT                     | <input type="checkbox"/> Rheumatoid Arthritis                  | <input type="checkbox"/> Seizures               | <input type="checkbox"/> Raynaud's Disease                             |
| <input type="checkbox"/> Pulmonary Embolism                   | <input type="checkbox"/> Back Problems _____                   | <input type="checkbox"/> HIV / AIDS             | <input type="checkbox"/> Sleep Apnea <input type="checkbox"/> CPAP use |
| <input type="checkbox"/> Asthma <input type="checkbox"/> COPD | <input type="checkbox"/> Radiculopathy / Sciatica              | <input type="checkbox"/> OTHER: _____           |  |

### MAJOR SURGERIES, FOOT SURGERIES/INJURIES

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### SOCIAL HISTORY

Occupation: \_\_\_\_\_  
Athletic activities: \_\_\_\_\_  
Alcohol:  NONE \_\_\_\_\_ drinks per week  
Tobacco:  NONE \_\_\_\_\_ #packs per day for \_\_\_\_\_ years  Quit  
Drug use:  NONE \_\_\_\_\_

### FAMILY HISTORY

- Heart Disease (who) \_\_\_\_\_  Blood clot \_\_\_\_\_  Diabetes \_\_\_\_\_  Stroke \_\_\_\_\_  
 Cancer \_\_\_\_\_  High Blood Pressure \_\_\_\_\_  Autoimmune Disease \_\_\_\_\_

### REVIEW OF SYSTEMS

Please check any symptoms you are **CURRENTLY** experiencing.

- |                          |  |  |   |   |  |
|--------------------------|--|--|---|---|--|
| <b>Constitutional:</b>   | <input type="checkbox"/> Fever             | <input type="checkbox"/> Chills                        | <input type="checkbox"/> Nausea                     | <input type="checkbox"/> Vomiting                           | <input type="checkbox"/> Weight loss   |
| <b>Skin:</b>             | <input type="checkbox"/> Rash              | <input type="checkbox"/> Calluses                      | <input type="checkbox"/> Nail problems              | <input type="checkbox"/> Wounds/Ulcers                      | <input type="checkbox"/> Skin cancer   |
| <b>Head/Ears/Eyes:</b>   | <input type="checkbox"/> Blurry vision     | <input type="checkbox"/> Hearing loss                  | <input type="checkbox"/> Lumps/masses               | <input type="checkbox"/> Vertigo/dizziness                  |  |
| <b>Respiratory:</b>      | <input type="checkbox"/> Cough             | <input type="checkbox"/> Wheezing                      | <input type="checkbox"/> Shortness of breath        | <input type="checkbox"/> Coughing up blood                  |  |
| <b>Cardiac:</b>          | <input type="checkbox"/> Chest pain        | <input type="checkbox"/> Palpitations                  | <input type="checkbox"/> Murmurs                    |   |  |
| <b>Gastrointestinal:</b> | <input type="checkbox"/> Heart burn        | <input type="checkbox"/> Constipation                  | <input type="checkbox"/> Blood in stool             | <input type="checkbox"/> Stomach ulcer                      |  |
| <b>Urinary:</b>          | <input type="checkbox"/> Incontinence      | <input type="checkbox"/> Kidney stones                 | <input type="checkbox"/> Excessive urination        | <input type="checkbox"/> Painful urination                  |  |
| <b>Musculoskeletal:</b>  | <input type="checkbox"/> Joint Pain        | <input type="checkbox"/> Muscle pain                   | <input type="checkbox"/> Weakness                   | <input type="checkbox"/> Cramping                           | <input type="checkbox"/> Limitation of motion  |
| <b>Vascular:</b>         | <input type="checkbox"/> Cold feet/toes    | <input type="checkbox"/> Swelling                      | <input type="checkbox"/> Calf pain with walking     | <input type="checkbox"/> Discoloration when exposed to cold |  |
| <b>Neurological:</b>     | <input type="checkbox"/> Foot numbness     | <input type="checkbox"/> Burning/stabbing pain in feet | <input type="checkbox"/> Weakness or paralysis      | <input type="checkbox"/> Spasms                             | <input type="checkbox"/> Abnormal gait   |
| <b>Psychological:</b>    | <input type="checkbox"/> Anxiety           | <input type="checkbox"/> Depression                    | <input type="checkbox"/> History of substance abuse |   |  |
| <b>Endocrine:</b>        | <input type="checkbox"/> Excessive thirst  | <input type="checkbox"/> Excessive sweating            | <input type="checkbox"/> Excessive appetite         | <input type="checkbox"/> Hair loss                          | <input type="checkbox"/> Temperature intolerance   |
| <b>Heme/Lymph:</b>       | <input type="checkbox"/> Bleeding disorder | <input type="checkbox"/> Clotting disorder             | <input type="checkbox"/> Easy bruising              | <input type="checkbox"/> Anemia                             | <input type="checkbox"/> Enlarged lymph nodes <input type="checkbox"/> History of blood clot |

Are you currently **pregnant**?  Yes